

**FORWARD BIBLE CAMP
BACKPACKING EXCURSION TRIP
2020**

-CAMPER PACKING LIST-

ITEMS IN LIGHT GREY PRINT ARE OPTIONAL OR PROVIDED BY THE CAMP.

Pack, Shelter, Sleeping Bag:

- Lightweight internal frame backpack approximately 3000 cu.in. capacity ____
- ½ of two-man tent ____
- 4 lb (or less) down sleeping bag rated at 30 degrees (or less) ____
- Sleeping pad ____
- Waterproof trash bag ____

Subtotal Weight: _____

Clothing:

- Tee shirt ____
- Thermal top ____
- Thermal bottoms ____
- Underwear ____
- Hiking socks (2 pair) ____
- Fleece pullover ____
- Lightweight waterproof jacket ____
- Lightweight pants (convertible to shorts if desired) ____
- Trail shoes ____
- Camp shoes or Flipflops ____
- Bandanna ____
- Sun hat ____
- Sunglasses ____

Subtotal Weight: _____

Cookware:

- Jet Boil Stove ____
- Fuel canister ____
- Lighter ____
- Water filter ____
- Lexan cup ____
- Lexan spoon ____
- Two-liter water bladder with hose ____

Subtotal Weight: _____

Hygiene:

- Toilet Paper ____
- Toilet Shovel ____
- Sanitizer ____
- Toothpaste ____
- Toothbrush ____
- Biodegradable liquid soap ____
- Deodorant ____
- Chapstick ____
- Sunscreen ____
- Insect repellent ____
- Small towel ____

Subtotal Weight: _____

Other Items:

- Pocket knife ____
- First aid kit ____
- Map ____
- Compass ____
- Mini Maglite or headlight ____
- 25 feet of parachute cord ____
- Lightweight chair ____
- Whistle ____

Subtotal Weight: _____

Food and Water:

- Two liters of water ____
- Assigned food ____

Subtotal Weight: _____

Total Pack Weight: _____

Note:

Each Backpacker must keep their stowed items to a maximum weight of about 20 lbs and select items that will pack into one bag approximately 3000 cu. In. Food and equipment will be divided between campers for packing.